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| MEET YOUR MOUTH |  |
| IT’S PART OF YOUR BODY |  |
| Your Mouth and Heart Disease |  |
| More Information |  |
| Gum disease, or Peridontitis, can increase your risk of developing heart disease. |  |
| Bacterial infections entering the blood stream can affect the heart valves. |  |
| It is less about the bacteria and more about your body’s immune response to bacterial infections. The inflammation can cause vascular Damage. |  |
| There is no direct Connection between gum and heart disease. It is likely that another factore, like smoking, that puts someone at risk for both conditions. |  |
| Some medications used to treat high blood pressure or heart disease can cause dry mouth. This can lessen your saliva production, which is vital for keeping your mouth clean. |  |
| Give your dentist a list of any medications you are on. This will help them tailor your treatment plan in the event you have side effects that affect your oral health. |  |
| Minnesota Oral Health Coalition |  |